Farrow Rib Sock Pattern

Pattern by Allison Sarnoff for Knit Princess

Here's what you need:

Yarn – one skein of Zitron Trekking XXL or 400 yards in the fingering weight yarn of your choice (shown in colorway 109)

Needles – size 2 (2.75mm) double pointed needles or size needed to achieve gauge

Notions – tapestry needle

Gauge: 8 stitches/inch on size 2 DPNs

CO = cast on, K1 = knit one, P1= purl one

k2tog = knit two stitches together, p2tog = purl two stitches together

ssk = slip slip knit

Farrow Rib Pattern:

Round 1: Knit 2, Purl 1
Round 2: Knit 1, Purl 2

Repeat rounds 1 and 2 for pattern.

Leg:

Cast on 63 stitches using the long tail cast on and divide the stitches as evenly as possible on three double pointed needles. (21 stitches per needle.)

Knit the leg in the Farrow Rib Pattern (above) until the leg is 8" long or until desired length. End with row 2 of the pattern.

Heel Flap:

Continuing in Farrow Rib Pattern, work the 21 stitches of needle 1. Turn work.

(k2, p1) across the 21 stitches you just worked, then using the same needle, continue (k2, p1) across an additional 11 stitches, ending with k2. (There will be a minor irregularity in the pattern, but nothing serious.)

Slip the remaining 10 stitches from needle 3 onto needle 2. There will be 32 stitches on the needle for the heel flap and 31 stitches on the needle for the instep. You will work the 32 heel flap stitches back and forth.

Right side: slip 1 stitch purlwise with yarn in front, p1, (k2, p1) across the rest of the stitches. Turn work.

Wrong side: slip 1 stitch purlwise with yarn in back, k1, p1, then (k2, p1) across the rest of the stitches, ending with k2. Turn work.

Repeat these two rows 15 more times (32 rows total), ending with a wrong side row. There will be 16 chain stitches down each side of the heel flap that you can use to pick up stitches.

Short Row Heel:

Knit 18 stitches, then ssk, k1. Turn work.

Slip one stitch purlwise, purl 5, p2tog, p1. Turn work.

Slip one stitch purlwise, knit to one stitch before the gap, ssk, k1. Turn work.

Slip one stitch purlwise, purl to one stitch before the gap, p2tog, p1. Turn work.

Repeat the last two rows until all stitches have been worked. 18 stitches remain.

Heel Gusset:

Knit across the 18 remaining stitches from the heel and with the same needle, pick up 17 stitches along the side of the heel flap. This will be needle 1.

Knit across the 31 stitches of the instep in the Farrow Rib Pattern as established. This will be needle 2.

Pick up 17 stitches across the other side of the heel flap and, with the same needle, knit the first 9 stitches of the heel. This will be needle 3.

You should have 26 stitches on needles 1 and 3 and 31 stitches on needle 2. The beginning of the round is now at the center of the heel.

Knit one round in established pattern, with the Farrow Rib Pattern on needle 2 and in stockinette on needles 1 and 3.

Reduction Round:
    Knit to the last three stitches on needle 1, k2tog, k1.
    Knit across needle 2 in Farrow Rib Pattern as established.
    K1, ssk, knit to end of needle 3.

Alternate a reduction round and a plain round until 15 stitches remain on each needle 1 and needle 3.

61 stitches total remain.

Foot:

Knit even, continuing in Farrow Rib Pattern as established on needle 2 and knitting in stockinette on needles 1 and 3.

When the sock is 2 ½ " short of your desired length, knit one round even, reducing one stitch in the center of needle 2. 60 stitches remain.

Toe:

Reduction Round:
    Needle 1: knit to last three stitches, k2tog, k1.
    Needle 2: k1, ssk, knit to last three stitches, k2tog, k1.
    Needle 3: k1, ssk, knit to end.

Alternate a reduction round and a plain round until 32 stitches remain (8 each on needles 1 and 3, 16 stitches on needle 2). Then, do a reduction round EVERY round until 12 stitches remain (3 each on needles 1 and 3, 6 stitches on needle 2).

Using needle 3, knit the three stitches of needle 1. Cut yarn and graft the stitches from needle 3 to the stitches of needle 2 using kitchener stitch.

Weave in ends. Knit another sock!